



Jamal Ahmelich

Registered Clinical Counsellor #13000, B.ED, MA Counselling Psychology

Email: jamal@tenacitycounselling.ca

Telephone: 604 562 8854

Office location: Sound Mind Counselling Centre
301-37768 Second Avenue, Squamish, BC V8B 0S8

Areas of expertise and populations served: **Individual Adolescent & Adult Men, Couples and Families**
Men's Issues, Anxiety, Depression, Suicidal Ideation

Counselling Format: In-person, telephone and Skype

Find out more: tenacitycounselling.ca

Kayla Benbow

Registered Clinical Counsellor #14807, MA Counselling Psychology

Email: kaylabenbow@newpathwayscounselling.com

Telephone: 604 698 8119

Office location: 205A 1200 Alpha Lake Rd, Whistler, BC (Above Olives Market in Function Junction)

Areas of expertise and populations served: **Individual Adolescent & Adult Men, Couples and Families**
Trauma as an EMDR trained therapist, Couples with Gottmans level 1 training, anxiety, depression, communication, and life transitions (see website for more information)

Counselling Format: Telephone or Skype sessions assessed on a case by case basis but prefer face-to-face sessions when possible

Find out more: www.newpathwayscounselling.com

Danielle Berman

Registered Clinical Counsellor #15427

Email: info@danielleberman.com

Telephone: 604 265 6876

Office location: Sound Mind Counselling Centre
301-37768 Second Avenue, Squamish, BC V8B0S8
Mailing Address:
405-38165 Cleveland Ave Squamish, BC V8B 0P1

Areas of expertise: **Individual Adolescent & Adult Men, Couples and Families** Anxiety, Depression, Stress, Trauma, Grief, Post-Traumatic Stress Disorder (PTSD,) Self-Harm Behaviors, Anger, Addictions, Cognitive Behavioural Therapy (CBT,) Mindfulness, ACT, Narrative Therapy

Counselling Format: In-person, telephone and video calls

Find out more: www.danielleberman.com

Helen Beynon

Registered Clinical Counsellor #18811

Email:	helen@helenbeynon.com
Telephone:	778 652-9808
Office location:	1950 Dowad Drive, Squamish
Areas of expertise:	Individuals Age 19+ Stress, Anxiety and Depression, Grief and Transitions, Self-Worth and Personal Growth, Pain and Injury. Modalities: Emotionally-Focused, Body-oriented, Mindfulness, Attachment Theory and Neuroscience, Trauma-informed.
Counselling Format:	In Person, Video, or Telephone
Find out more:	www.helenbeynon.com

Tamara Bustos

Registered Clinical Counsellor #26395

Email:	tamarabustos@me.com
Telephone:	778 994 8796
Office location:	North Shore Counselling Offices 3 – 636 Clyde Avenue, West Vancouver (off Taylor Way)
Areas of expertise:	Individual Adolescent & Adult Men Parenting, adolescence, depression and anxiety, grief and loss, eating disorders, bullying and trauma, life changes stress, divorce and separation, family of origin and relationship issues
Counselling Format:	In-person
Find out more:	www.tamarabustos.com

Julie Ku-Lea

Canadian Counselling and Psychotherapy Association #10001345

MA Counselling Psychology

Email:	kuleacounselling@gmail.com
Telephone:	604 353 6732
Office location:	4335 Blackcomb Way, Whistler, BC
Areas of expertise and populations served:	Individual Adolescent & Adult Men, Couples and Families Anxiety, Dialectical Behavioural Therapy (DBT,) ACT and Mindfulness-Based CBT
Counselling Format:	In-person, telephone and online via Skype platform
Find out more:	www.kuleacounselling.com

Greg McDonnell (TEMPORARILY UNAVAILABLE UNTIL FURTHER NOTICE)

Canadian Certified Counsellor #1319
Registered Clinical Counsellor # 3482
M.Ed., SEP

Email:	gregmcdonnell@hotmail.com
Telephone:	604 935 0968
Office location:	205C - 1200 Alpha Lake Rd, Function Junction, Whistler
Areas of expertise:	Individual Adolescent & Adult Men, Couples and Families Conflict resolution, effective communication, grief and loss, life transitions, addictions, stress, trauma counselling (recent or historical), mental performance counselling
Counselling Format:	In-person and tele-counselling
Find out more:	http://www.mcdonnellcounselling.ca

Julie Paquette

Registered Clinical Counsellor with the BC Association of Clinical Counsellors #15433

Email:	jpcounselling1@gmail.com
Telephone:	604 848 1188
Office location:	38902 Bowen Avenue, Squamish
Areas of expertise:	Individual Adolescent & Adult Men and Families Anxiety, fears, depression, emotional regulation, self-esteem, confidence, ADHD, social skills, relationships and life transitions
Counselling Format:	In-person, phone, video counselling
Find out more:	https://juliepaquettecounselling.com

Jody Radke

Registered Clinical Counsellor #11472
MA Transpersonal Counselling Psychology, LPC

Email:	jody@in-nature.net
Telephone:	778 266 2808
Office location:	Sea to Sky massage clinic, 38154 Second Avenue, Squamish
Areas of expertise:	Individual Adolescent & Adult Men Anxiety, depression, life transitions, GLBTQ issues, burnout, relationships, communication skills-building, conflict, self-esteem, spiritual concerns.
Counselling Format:	In-person, video-counselling and telephone
Find out more:	https://innaturecounselling.com

Nicole Thomson

Registered Clinical Counsellor #14744
MA

Email: contact@presentmomentum.ca

Telephone: 604 849 3228

Office location: Sound Mind Counselling Centre
301-37768 Second Avenue, Squamish, BC V8B0S8

Areas of expertise: **Individual Adolescent & Adult Men**
Anxiety, Depression, Emotion Regulation, Life Transition,
School Difficulties, Career Counselling, CBT, Mindfulness.
I'm educated and experienced with working across cultures and
within the LGBTQ community

Counselling Format: In-person, telephone and on-line video

Find out more: www.presentmomentum.ca

Sarah Jane Thomson

Registered Clinical Counsellor #11984

Email: info@sjtcounselling.ca

Telephone: 604 815 9554

Office location: Squamish Counselling Clinic, Unit 4, 40383 Tantalus Way, Squamish

Areas of expertise: **Individual Adolescent & Adult Men**
Supporting adults experiencing depression, anxiety, anger
management, addiction, grief and loss, relationship conflict, trauma.

Counselling Format: In-person

Find out more: <http://www.sjtcounselling.ca>

Ashlin Tipper

Registered Clinical Counsellor #16636

Email: ashlintippercounselling@gmail.com

Telephone: 604 916 8979

Office location: 209D – 1200 Alpha Lake Rd, Whistler (In Function Junction)

Areas of expertise: **Individual Adolescent & Adult Men**
Anxiety and Depression. Ashlin Tipper Counselling uses a CBT approach but integrates ideas from a variety of therapies including DBT and mindfulness techniques. Ashlin's approach is customized and can include a variety of methods based on the uniqueness of each individual.

Counselling Format: In-person, telephone and on-line video

Find out more: www.ashlintippercounselling.com

Kristin Trotter

Registered Clinical Counsellor # 13790

Masters in Counselling, Sexual Health Educator

Email: info@kristintrotter.com

Telephone: 604 848 4076

Office location: Kristin Trotter Counselling and Consulting
#5-40383 Tantalus Rd @ Squamish Counselling Clinic

Areas of expertise: **Individual Adolescent & Adult Men**
Teens and Young Adults (ages 13 – 35,) Parents/Care providers of Teens and Young Adults, Sexuality, Gender, Sexual Health, Relationships, Anxiety, Stress, Depression, Grief and Loss

Counselling Format: In-person

Find out more: www.kristintrotter.com

Katrin Turczyk

Registered Clinical Counsellor #15942

Email: ammonitecounselling@gmail.com

Telephone: 778 707 5288

Office location: 5-40437 Tantalus Road, Squamish

Areas of expertise: **Individual Adolescent & Adult Men and Families**
Play Therapy, Art Therapy, Cognitive Behavioural Therapy, Narrative Therapy, Solution Focused, Psychoanalysis, Addictions, Anxiety, Depression, Obsessive Compulsive Disorder, Goal Setting, Autism, Attention-Deficit Hyperactivity Disorder

Counselling Format: In-person, telephone and Skype

Kathryn Weiler

Registered Clinical Counsellor #11673

Email: info@kathrynweiler.com

Telephone: 778 970 0933

Office location: Suite 103 - 40417 Glenalder Place, Garibaldi Highlands

Areas of expertise: **Individual Adolescent & Adult Men**
Anxiety, depression, relationship difficulties, parenting challenges, separation and divorce, career and life transitions, professional burn out and stress, grief and loss.

Counselling Format: In-person

Find out more: <http://www.kathrynweiler.com>

Ruta Yawney

Registered Clinical Counsellor #5195

MA, FAMI, Psychotherapist

Email: ruta@rutayawney.com

Telephone: 604 928 0883

Office location: Virtual

Areas of expertise: **Individual Adolescent & Adult Men and Couples**
Addiction, substance abuse, grief and loss, depression and anxiety, life transitions, guided imagery and music: mindfulness

Counselling Format: Telephone and video conferencing via secure Zoom platform

Find out more: <http://www.rutayawney.com/>

Alex Cahuas

Registered Clinical Counsellor #14054

Clinical Social Work/Therapist, MSW, B.ed

Email: alex@wellnessinspired.ca

Telephone: 416 710 4603

Office location: 314 - 15238 100 Ave, Surrey

Areas of expertise: **Individual Adolescent, Adults & Semi-pro/professional athletes**
Settlement worker who provides trauma counseling and community organizing in **Spanish**. Narrative therapy, CBT, DBT and somatic body work.

Counselling Format: Telephone and online via Skype.

Find out more: Website coming soon

Julie Miller

Registered Social Worker #12288

Email: julie@three-peaks.ca

Telephone: 604 377 0682

Office location: 40052 Plateau Drive, Squamish

Areas of expertise: **Youth, Individuals and Families**
Self-esteem, body image, eating disorders, family relationships, trauma

Counselling Format: In person or Zoom sessions

Find out more: <http://www.three-peaks.ca>

Ryan Elliot Payne

Registered Clinical Counsellor #18104

M.A. (RCC) with the BCAA. RCC

Email: ryanelliotpaynecounselling@gmail.com

Telephone: 604 848 8063

Office location: Sound Mind Counselling Centre, 301-37768 Second Ave

Areas of expertise: **Individuals, Youth, Couples & Families**
Depression, Anxiety, Mental Health Diagnosis, Trauma
Informed...supportive and expressive counselling techniques

Counselling Format: Telephone or skype sessions

Find out more: <https://www.squamishcounselling.ca/counsellors/>