BUILDING BRIDGES THROUGH UNDERSTANDING THE VILLAGE

During this **experiential** workshop we will explore our personal role in supporting the revival of the values that worked so beautifully in indigenous villages for thousands of years. We will also explore in-depth the effects of Residential Schools and Canada’s Policy of Assimilation. This workshop is geared to solutions rather than recrimination and is a great forum in which to ask questions. Participants who participate in these emotion provoking workshop experiences comment that while they understood a bit about the issue on a cognitive level, after participation in *Building Bridges Through Understanding the Village* they understand on a deep emotional level as well. The workshop is done from a non-blame and non-shame perspective and invites all participants to become a part of the healing that IS already happening. Kathi’s work has been inspired by Jann Derrick’s teachings of ‘The Circle and The Box’ and by many Elders’ teachings.

**Kathi Camilleri** is an Aboriginal woman who has coordinated healing programs in the Aboriginal Community for 19 years. She has a Master’s Degree in Leadership Studies. Kathi works with Aboriginal Mental Health and has her own consulting business. She facilitates strategic planning sessions and experiential workshops regarding Canada’s Policy of Assimilation and Colonization with social workers, foster parents, health care workers, church groups, students and educators, frontline workers in communities across Canada. The healing power and personal impact of this work elicits rave reviews. One participant wrote: "Kathi uses humour, kindness and wisdom to hold the space safely for us while we change how we see the world and how we forever interact with those who have Aboriginal Heritage. It is easy to learn because of her gentle ways, and her respect for all people.”

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**Learning outcomes:**
- A cognitive and emotional understanding of traditional First Nations values,
- A deep and emotional insight into the depth and intergenerational effects of Colonization,
- Methods for creating supportive relationships in a positive way.

**Note to workshop host:** Prior to the workshop, participants need to understand that we will be addressing Residential School and its affects in an in-depth way. Participation may trigger unresolved grief and loss issues for some. It is imperative that participants know that in advance and have an understanding that coming to the workshop is not mandatory; it is their choice. It is also recommended that options to access support after the workshop are provided. Please arrange to have chairs in a circle (nothing inside the circle.)

**Co-facilitation and Mental Health support provided by Meredith Martin.** Meredith is of Coast Salish ancestry. Her people are of the Sneymuxw Nation in Nanaimo. She has a Masters Degree in Counselling Psychology. Meredith works with Aboriginal Child and Youth Mental Health and has her own private practice. She has assisted Kathi Camilleri in her workshops for the past seven years. Meredith is passionate about increasing understanding of the impact of Residential School on Aboriginal Peoples. To contact Meredith ph: 250-898-1059, or email Meredith.Martin@gov.bc.ca