

SQUAMISH YOUTH CENTRE @

Camp Potlatch

Youth Retreat

GET AWAY / ENJOY NATURE
CAMPFIRES / ARCHERY / GAMES
WATER SPORTS / SWIMMING / CLIMBING

4-6
JULY

FREE
FOR YOUTH

3 DAYS
2 NIGHTS

Limited Spots Available
Pick one up at the Youth Centre today or email:
youth.centre@sscs.ca
Applications due June 14, 2019



squamishyouthworker

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Youth Retreat 2019

Please read, fill in and return this package if you are interested in attending.

What is a Retreat?

A retreat is a chance for youth in Squamish to get away by spending time in nature and doing various fun activities. The group will take a jet boat over to Camp Potlatch, a beautiful summer camp facility. Youth will choose what they want to do and enjoy spending time with familiar Youth Workers and peers. All activities are supervised and delivered by experienced camp and youth centre staff. Youth will be supervised at night in their assigned cabins by a Youth Worker at all times. See next page for Camp Potlatch information as well as Retreat Expectations for further details.

Date: Thursday July 4th to Saturday July 6th 2019

Who: Youth aged 12-18 years old only

Where: Camp Potlatch

Cost: Free

Transportation

Drop Off: Thursday July 4th

Location: The dock at the Squamish Yacht Club, 37778 Logger Lane, Squamish

Time: 10 am

Be sure to have all necessary items for the trip at this time.

Pick up

Location: Parking lot at the Squamish Yacht Club, 37778 Logger Lane, Squamish

Time: 2 pm

Transportation to and from Marina will be the youths responsibility.

Contact Information

If there are any questions, please contact the Youth Centre Coordinator Caitlin Anderson at 604.892.2207 or caitlin.anderson@sscs.ca

For extra excitement and updates, follow Squamish Youth Resource Centre on Facebook and Instagram

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Camp Potlatch Information



Located on 133 acres along the picturesque shores of the beautiful Howe Sound, Camp Potlatch has been offering unforgettable experiences to campers since 1944!

Less than an hour away from Vancouver, Potlatch's boat-access only location will make you feel a million miles away from the hustle and bustle of city life. Experience peaceful tranquility in their modern facility that's nestled amongst towering ancient cedars and old growth forest. Classic cedar pan-abode cabins provide the perfect place to recharge after long days spent exploring miles of unspoiled hiking trails, sampling traditional camp activities, and relaxing on our sandy beach. Camp Potlatch has garnered an incredible reputation for delivering high quality programs that target personal growth and achievement for each and every participant.

Camp-based programming includes:

- Rock Climbing (on a real rock wall!)
- Hiking
- Sleep in cozy cabins
- Kayaking/Canoeing
- Paddle Boarding
- Archery
- Team Building Challenges
- Open Waterfront activities
- Campfire songs
- And so much more...

Address:

City Office (Year Round)

7595 Victoria Drive
Vancouver, BC V5P 3Z6
Phone: 604-324-CAMP(2267)
Fax: 604-325-0596

On-site (May-October)

PO Box 130
Britannia Beach, BC V0N 1J0

For more information see:

<https://www.bgcbc.ca/what-we-do/camp-potlatch/contact-us/>

https://www.bgcbc.ca/downloads/Outdoor_Centre_Handbook.pdf

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Packing List

Please read through this packing list carefully and let a youth worker know if you need one or more of these items. They will all help make the Youth Retreat more enjoyable!

During The Day	Additional Items
<ul style="list-style-type: none"> <input type="checkbox"/> 2 warm sweaters (fleece or wool recommended) <input type="checkbox"/> WATERPROOF rain jacket <input type="checkbox"/> Daily change of clothes (pants, shorts, t-shirts, long sleeves) <input type="checkbox"/> Bathing suit and towel <input type="checkbox"/> 1 top and bottom long underwear for cold or wet days <input type="checkbox"/> Socks and underwear for each day <input type="checkbox"/> 1 baseball or sun hat <input type="checkbox"/> 1 warm hat or toque and gloves <input type="checkbox"/> 1 pair of sturdy shoes good for all activities (rain boots and running shoes are GOOD) <input type="checkbox"/> 1 pair of extra footwear (for swimming, sandals) 	<ul style="list-style-type: none"> <input type="checkbox"/> Small daypack to carry on boat and around camp <input type="checkbox"/> Sunscreen and Bug Spray <input type="checkbox"/> Water Bottle <input type="checkbox"/> Epi-pen if have allergies <input type="checkbox"/> Puffer for asthma <input type="checkbox"/> Medications
At Night	Optional
<ul style="list-style-type: none"> <input type="checkbox"/> 1 sleeping bag and extra blanket if wanted <input type="checkbox"/> Pillow <input type="checkbox"/> Sheet to cover mattress <input type="checkbox"/> Clothes to sleep in <input type="checkbox"/> 1 towel, toothbrush, shampoo, etc. <input type="checkbox"/> Headlamp or flashlight with extra batteries 	<ul style="list-style-type: none"> <input type="checkbox"/> 1 wrist watch <input type="checkbox"/> Games <input type="checkbox"/> Books <input type="checkbox"/> Camera (not cell phone, please) <input type="checkbox"/> Musical Instrument <input type="checkbox"/> Pen or Pencil, Paper or Journal <input type="checkbox"/> Sunglasses <input type="checkbox"/> Ear Plugs (for sleeping)

What NOT TO BRING

- Extra food of any kind. Extra food invites insects and critters into cabins and may cause life-threatening harm to those with food allergies.
- Pocket knives and weapons
- Matches or lighters
- Drugs, alcohol or tobacco
- Please do not bring any electronics of any kind.

The Retreat will offer a valuable opportunity for youth to unplug from technology and connect with the natural environment and their peers.

Hand this page in to Youth Centre Staff

Application Questions

Youth First and Last Name: _____
Youth Email: _____
Youth Phone: _____
Parent/Guardian Email: _____
Parent/Guardian Phone: _____

Have this form filled in and handed back to the youth centre by: **June 14th 2019 at 7pm**. You will be contacted after this date if you have been accepted to attend.

Please answer the following questions to the best of your ability. Your answers here will help us choose who will attend the Youth Retreat! Please answer thoughtfully as we want to know more about your interest!

1. I want to attend the Youth Retreat because...

2. Have you been on an over night before? What was it? Provide details.

3. What do you expect to learn / get out of the Youth Retreat?

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New this year!

You can apply to be a Peer Leader

Roles and Responsibilities

- Be a role model for others attending
- Lead one activity (game, lunch song, initiative, riddle, etc)
- Help encourage good behaviour in cabins
- Invited into leadership meetings with Potlatch and SSCS staff
- Help with activity planning
- Encourage participation and positive attitudes
- Help with other small tasks

How do we choose and why should I apply?

- Excellent skill building and leadership training
- Can add to your resume
- Will help organize the Youth Retreat activities
- Asset if attended in previous years
- We look for Peer Leaders who will be responsible,
- Able to take initiative
- FUN

Requirement:

Attend one planning meeting before the Retreat – **Wednesday June 19th at 4pm** at the Youth Centre

Statement of Interest

1. Explain why you would make a good Peer Leader? (Previous work experience, volunteer experience, previously attended Youth Retreat, personality characteristics etc.)

2. If you had to lead one activity (game, lunch song, team building game, riddle, craft, etc.) what would it be? Does not need to be the one you do lead at the Retreat)

3. Are you able to commit to one planning meeting on **Wednesday June 19th at 4pm** at the Youth Centre?

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Expectations for Youth Centre Out-Trips

1. Participation is contingent on returning all necessary forms.
2. Youth must behave appropriately while on the out trip and especially while in the van/boat
3. Youth are expected to participate in all scheduled programming.
4. Youth who have been involved in a behavioral incident must talk with Youth Centre staff prior to an event to determine whether they will be permitted to attend.
5. All Youth Centre expectations apply on out trips: The Youth Centre provides fun, interesting activities in an atmosphere that is comfortable and safe for everyone involved. Participants show each other respect, refrain from intimidation and horseplay, and use appropriate language, dissing, having or using illegal activities or substances. Feel free to ask a Youth Worker if you need explanations or reminders of the expectations. Youth who do not abide by these rules will not be able to attend future trips and the appropriate disciplinary action will be taken.
6. Youths must stay with a Youth worker and/or inform Youth Workers of their whereabouts if they want to go out of eyesight.
7. Motorized camp equipment, vehicles and vessels may only be operated by BGC staff
8. Mattresses must not be removed from bunk beds.
9. Running on or jumping off the dock is not permitted.
10. User groups are encouraged to bring an adequate supply of clothing and linens for the period of their stay.
11. Smoking is permitted only with advance permission and in designated areas.
12. Alcohol and non-prescription drugs are not permitted on site. Users of these substances will be required to leave Camp Potlatch at the User Group's expense.No one under the influence of drugs or alcohol will be permitted to attend.
13. Lost, stolen, or damaged personal and /or user groups property is the responsibility of the user group and or the owners of the lost or stolen property.
14. Youth will remain in their assigned activity groups, cabins and appointed staff.
15. Youths may be asked to fill out an evaluation form to provide feedback on the Out-trip for the Squamish Youth Resource Centre. Comments and suggestions from youth will be considered and will help to continue to build upon and provide fun and interesting out - trips in the future.

Please sign to indicate that you understand the expectations and will do your best to abide by them.

Printed Youth Name

Signature

Date



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Consent and Liability Waiver

For this event, youth will be supervised during all activities by experience youth workers and camp staff who promote the safety and enjoyment of all participants. If transportation is necessary, it is provided by youth workers and professionals with appropriate licensing.

There is some element of risk in any out-trip, sport, or activity associated with this program. By providing consent to participate in the activities of the Squamish Youth Resource Centre, the parent/guardian and youth assumes all risks associated with the activity and releases Sea to Sky Community Services, its respective officers, staff and volunteers from liability in claims of injury or property loss/damage as a result of the youth's involvement in the activities.

Please list any events or types of events youth are not permitted to participate in:

Dietary Information

Please identify dietary concerns or special requests that staff should be aware of, for example allergies, vegetarian, gluten free, etc.)

Behavioral Concerns

Please identify any behavioral concerns the Squamish Youth Resource Centre and its staff should be aware of, for example history of self-harm, violence or aggression, emotional outbursts, tendencies to isolate and/or more. Please note youth may be required to make a behavior plan with staff before attending the retreat as a way to ensure they have best possible experience.

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Medical Concerns

Please identify medical concerns the Squamish Youth Resource Centre and its staff should be aware of, for example allergies, carsickness, and medical conditions. Please note, youth may be required to provide doctor's clearance in the case of significant medical concerns that may impact or compromise the safety of the youth, other program participants, staff and volunteers, as they participate in activities.

Consent for Medical Treatment

It is our practice to notify a parent/guardian when a youth is ill or needs medical attention. In the case of a significant medical event or emergency SCS staff will get immediate help for the youth, whether or not parents/guardians have been notified. In such circumstance staff may take the youth to the nearest emergency centre or, when appropriate, call first responders for help. If an ambulance is used in response to the emergency or event, associated costs may be incurred by the parent/guardian.

Youth Care Card Number: _____

Parent/Guardian Contact Number _____ Parent/Guardian Email _____

Parent/Guardian Signature _____ Date _____

Signing this acknowledges the youth and Parent/Guardian understand all information outlined in the Youth Retreat Out-Trip and Activities Consent and Liability Waiver.

Youth Name (print) _____ Signature _____ Date _____

Parent/Guardian Name (print) _____ Signature _____ Date _____



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Photo and Video Release and Permission Form

I hereby grant to Sea to Sky Community Services Society the absolute right and unrestricted permission in respect of photographic portraits or images that he/she had taken of me or in which I may be included with others, to copyright the same, in his/her own name or otherwise; to use, re-use, publish, and re-publish (unlimited usage) the same in whole or in part, individually or in any and all media for a period of 5 years from the date signed herein for fundraising or promotional purpose without restriction as to alteration; and to use my name in connection therewith if he/she so chooses.

I hereby release and discharge Sea to Sky Community Services Society from any and all claims and demands arising out or in connection with the use of the photographs, including without any and all claims for libel or invasion of privacy.

This authorizes that I am of full age and I have the right to contract in my own name. I have read the forgoing and fully understand the contents thereof. This release shall be binding upon me and my heirs, legal representatives, and assigns.

Youth Name _____

Address _____

Signature _____

Date _____

GUARDIAN'S CONSENT: I am the parent and/or guardian of the minor named and as such I approve of the foregoing.

Name _____

Signature _____

Date _____