



Jamal Ahmelich

Registered Clinical Counsellor #13000, B.ED, MA Counselling Psychology

Email: jamal@tenacitycounselling.ca

Telephone: 604 562 8854

Office location: Sound Mind Counselling Centre
301-37768 Second Avenue, Squamish, BC V8B 0S8

Areas of expertise and populations served: **Individual Adolescent & Adult Men, Couples and Families**
Men's Issues, Anxiety, Depression, Suicidal Ideation

Counselling Format: In-person, telephone and Skype

Find out more: tenacitycounselling.ca

Kayla Benbow

Registered Clinical Counsellor #14807, MA Counselling Psychology

Email: kaylabenbow@newpathwayscounselling.com

Telephone: 604 698 8119

Office location: 205A 1200 Alpha Lake Rd, Whistler, BC (Above Olives Market in Function Junction)

Areas of expertise and populations served: **Individual Adolescent & Adult Men, Couples and Families**
Trauma as an EMDR trained therapist, Couples with Gottmans level 1 training, anxiety, depression, communication, and life transitions (see website for more information)

Counselling Format: Telephone or Skype sessions assessed on a case by case basis but prefer face-to-face sessions when possible

Find out more: www.newpathwayscounselling.com

Danielle Berman

Registered Clinical Counsellor #15427

Email: info@danielleberman.com

Telephone: 604 265 6876

Office location: Sound Mind Counselling Centre
301-37768 Second Avenue, Squamish, BC V8B0S8
Mailing Address:
306-38003 Second Avenue, Squamish, BC V8B0B4

Areas of expertise: **Individual Adolescent & Adult Men, Couples and Families** Anxiety, Depression, Stress, Trauma, Grief, Post-Traumatic Stress Disorder (PTSD,) Self-Harm Behaviors, Anger, Addictions, Cognitive Behavioural Therapy (CBT,) Mindfulness, ACT, Narrative Therapy

Counselling Format: In-person, telephone and video calls

Find out more: www.danielleberman.com

Tamara Bustos

Registered Clinical Counsellor #26395

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| Email: | tamarabustos@me.com |
| Telephone: | 778 994 8796 |
| Office location: | North Shore Counselling Offices 3 – 636 Clyde Avenue, West Vancouver (off Taylor Way) |
| Areas of expertise: | Individual Adolescent & Adult Men Parenting, adolescence, depression and anxiety, grief and loss, eating disorders, bullying and trauma, life changes stress, divorce and separation, family of origin and relationship Issues |
| Counselling Format: | In-person |
| Find out more: | www.tamarabustos.com |

Moira Haagen

Registered Clinical Counsellor #1954

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| Email: | moira@moirahaagen.ca |
| Telephone: | 604 908 0508 |
| Office location: | Coquitlam, BC |
| Areas of expertise and populations served: | Offering opportunities for you to experience greater awareness, peace and ease within yourself and in your communication and relationships with others. Specializing in interpersonal communication and relationships. Each of us is unique. Change and growth is possible. Individual Adolescent and Adult Men: Self-esteem/Stress/Life Transitions/Personal Growth Relationships (Couples and Families): Parent Teen/Couple/Marriage/Separation/Divorce/Family/Caregiver Communication: Conflict/Verbal De-Escalation/Meditation/Workplace Concerns |
| Counselling Format: | In-person, online via Zoom platform |
| Find out more: | www.moirahaagen.ca |

Julie Ku-Lea

Canadian Counselling and Psychotherapy Association #10001345

MA Counselling Psychology

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| Email: | kuleacounselling@gmail.com |
| Telephone: | 604 353 6732 |
| Office location: | 4335 Blackcomb Way, Whistler, BC |
| Areas of expertise and populations served: | Individual Adolescent & Adult Men, Couples and Families Anxiety, Dialectical Behavioural Therapy (DBT,) ACT and Mindfulness-Based CBT |
| Counselling Format: | In-person, telephone and online via Skype platform |
| Find out more: | www.kuleacounselling.com |

Greg McDonnell

Canadian Certified Counsellor #1319

Registered Clinical Counsellor # 3482

M.Ed., SEP

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| Email: | gregmcdonnell@hotmail.com |
| Telephone: | 604 935 0968 |
| Office location: | 205C - 1200 Alpha Lake Rd, Function Junction, Whistler |
| Areas of expertise: | Individual Adolescent & Adult Men, Couples and Families Conflict resolution, effective communication, grief and loss, life transitions, addictions, stress, trauma counselling (recent or historical), mental performance counselling |
| Counselling Format: | In-person and tele-counselling |
| Find out more: | http://www.mcdonnellcounselling.ca |

Julie Paquette

Registered Clinical Counsellor with the BC Association of Clinical Counsellors #15433

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| Email: | jpcounselling1@gmail.com |
| Telephone: | 604 848 1188 |
| Office location: | Sound Mind Counselling Centre, 301-37768 Second Avenue, Squamish |
| Areas of expertise: | Individual Adolescent & Adult Men and Families Anxiety, fears, depression, emotional regulation, self-esteem, confidence, ADHD, social skills, relationships and life transitions |
| Counselling Format: | In-person |
| Find out more: | https://juliepaquettecounselling.com |

Jody Radke

Registered Clinical Counsellor #11472

MA Transpersonal Counselling Psychology, LPC

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| Email: | jody@in-nature.net |
| Telephone: | 778 266 2808 |
| Office location: | Sea to Sky massage clinic, 38154 Second Avenue, Squamish |
| Areas of expertise: | Individual Adolescent & Adult Men Anxiety, depression, life transitions, GLBTQ issues, burnout, relationships, communication skills-building, conflict, self-esteem, spiritual concerns. |
| Counselling Format: | In-person, video-counselling and telephone |
| Find out more: | https://innaturecounselling.com |

Nicole Thomson

Registered Clinical Counsellor #14744

MA

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| Email: | contact@presentmomentum.ca |
| Telephone: | 604 849 3228 |
| Office location: | Sound Mind Counselling Centre 301-37768 Second Avenue, Squamish, BC V8B0S8 |
| Areas of expertise: | Individual Adolescent & Adult Men Anxiety, Depression, Emotion Regulation, Life Transition, School Difficulties, Career Counselling, CBT, Mindfulness. I'm educated and experienced with working across cultures and within the LGBTQ community |
| Counselling Format: | In-person, telephone and on-line video |
| Find out more: | www.presentmomentum.ca |

Sarah Jane Thomson

Registered Clinical Counsellor #11984

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| Email: | info@sjtcounselling.ca |
| Telephone: | 604 815 9554 |
| Office location: | Squamish Counselling Clinic, Unit 4, 40383 Tantalus Way, Squamish |
| Areas of expertise: | Individual Adolescent & Adult Men Supporting adults experiencing depression, anxiety, anger management, addiction, grief and loss, relationship conflict, trauma. |
| Counselling Format: | In-person |
| Find out more: | http://www.sjtcounselling.ca |

Ashlin Tipper

Registered Clinical Counsellor #16636

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| Email: | ashlintippercounselling@gmail.com |
| Telephone: | 604 916 8979 |
| Office location: | 209D – 1200 Alpha Lake Rd, Whistler (In Function Junction) |
| Areas of expertise: | Individual Adolescent & Adult Men Anxiety and Depression. Ashlin Tipper Counselling uses a CBT approach but integrates ideas from a variety of therapies including DBT and mindfulness techniques. Ashlin's approach is customized and can include a variety of methods based on the uniqueness of each individual. |
| Counselling Format: | In-person, telephone and on-line video |
| Find out more: | www.ashlintippercounselling.com |

Kristin Trotter

Registered Clinical Counsellor # 13790

Masters in Counselling, Sexual Health Educator

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| Email: | info@kristintrotter.com |
| Telephone: | 604 848 4076 |
| Office location: | Kristin Trotter Counselling and Consulting #5-40383 Tantalus Rd @ Squamish Counselling Clinic |
| Areas of expertise: | Individual Adolescent & Adult Men Teens and Young Adults (ages 13 – 35,) Parents/Care providers of Teens and Young Adults, Sexuality, Gender, Sexual Health, Relationships, Anxiety, Stress, Depression, Grief and Loss |
| Counselling Format: | In-person |
| Find out more: | www.kristintrotter.com |

Katrin Turczyk

Registered Clinical Counsellor #15942

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| Email: | ammonitecounselling@gmail.com |
| Telephone: | 778 778 5288 |
| Office location: | 3 - 40340 Tantalus Way, Garibaldi Highlands |
| Areas of expertise: | Individual Adolescent & Adult Men and Families Play Therapy, Art Therapy, Cognitive Behavioural Therapy, Narrative Therapy, Solution Focused, Psychoanalysis, Addictions, Anxiety, Depression, Obsessive Compulsive Disorder, Goal Setting, Autism, Attention-Deficit Hyperactivity Disorder |
| Counselling Format: | In-person, telephone and Skype |
| Find out more: | http://www.ammonitecounselling.com |

Kathryn Weiler

Registered Clinical Counsellor #11673

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| Email: | info@kathrynweiler.com |
| Telephone: | 778 970 0933 |
| Office location: | Suite 103 - 40417 Glenalder Place, Garibaldi Highlands |
| Areas of expertise: | Individual Adolescent & Adult Men Anxiety, depression, relationship difficulties, parenting challenges, separation and divorce, career and life transitions, professional burn out and stress, grief and loss. |
| Counselling Format: | In-person |
| Find out more: | http://www.kathrynweiler.com |

Ruta Yawney

Registered Clinical Counsellor #5195

MA, FAMI, Psychotherapist

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| Email: | ruta@rutayawney.com |
| Telephone: | 604 928 0883 |
| Office location: | Virtual |
| Areas of expertise: | Individual Adolescent & Adult Men and Couples Addiction, substance abuse, grief and loss, depression and anxiety, life transitions, guided imagery and music: mindfulness |
| Counselling Format: | Telephone and video conferencing via secure Zoom platform |
| Find out more: | http://www.rutayawney.com/ |

Alex Cahuas

Registered Clinical Counsellor #14054

Clinical Social Work/Therapist, MSW, B.ed

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| Email: | alex@wellnessinspired.ca |
| Telephone: | 416 710 4603 |
| Office location: | 314 - 15238 100 Ave, Surrey |
| Areas of expertise: | Individual Adolescent, Adults & Semi-pro/professional athletes Settlement worker who provides trauma counseling and community organizing in Spanish . Narrative therapy, CBT, DBT and somatic body work. |
| Counselling Format: | Telephone and online via Skype. |
| Find out more: | Website coming soon |

Julie Miller

Registered Social Worker #12288

Email: julie@three-peaks.ca

Telephone: 604 377 0682

Office location: 40052 Plateau Drive, Squamish

Areas of expertise: **Youth, Individuals and Families**
Self-esteem, body image, eating disorders, family relationships, trauma

Counselling Format: In person or Zoom sessions

Find out more: <http://www.three-peaks.ca>

Ryan Elliot Payne

Registered Clinical Counsellor #18104

M.A. (RCC) with the BCAA. RCC

Email: ryanelliotpaynecounselling@gmail.com

Telephone: 604 848 8063

Office location: Sound Mind Counselling Centre, 301-37768 Second Ave

Areas of expertise: **Individuals, Youth, Couples & Families**
Depression, Anxiety, Mental Health Diagnosis, Trauma
Informed...supportive and expressive counselling techniques

Counselling Format: Telephone or skype sessions

Find out more: <https://www.squamishcounselling.ca/counsellors/>