



Sea to Sky  
Community Services  
*Caring and Connecting*



# Community Program Guide

Fall/Winter 2011

# WELCOME!

## about us...



### OUR VISION

Sea to Sky Community Services Society is a registered charity and not-for-profit. Our vision is for all individuals in the Sea to Sky Corridor to have opportunities to grow, develop, and lead meaningful lives. We want to create communities where everyone can support themselves and one another.

In all of our work we will strive to demonstrate:

- Integrity and Professionalism
- Respect
- Accountability
- Flexibility and Responsiveness
- Inclusiveness and Caring
- Collaboration and Teamwork
- Sustainability

### GOALS

To provide high quality programs and services to meet the needs of our communities.

To maintain effective tools, and comfortable, accessible space for service delivery.

To collaborate with partners when it can benefit our community.

To communicate respectfully at all times and work toward common understanding.

To encourage growth, learning, and self-sufficiency for all of our program participants, as well as SSCS employees and volunteers.

### MANAGEMENT TEAM

#### **Lois Wynne**

*Executive Director*  
lois.wynne@sscs.ca

#### **Jan Oberson**

*Director of Outreach Services*  
jan.oberson@sscs.ca

#### **Suzie Soman**

*Director of Early Child Development Services*  
suzie.soman@sscs.ca

#### **Liz Wood**

*Director of Community Living Services*  
liz.wood@sscs.ca

#### **Kathy Daniels**

*Manager of Outreach Services*  
kathy.daniels@sscs.ca

#### **Leanna Buffie**

*Manager of Outreach Services*  
leanna.buffie@sscs.ca

#### **Donna Bent**

*Manager of Community Living Services*  
donna.bent@sscs.ca

#### **Lisa Brickell**

*Administration Manager*  
lisa.brickell@ssc.ca

### CONTACT INFORMATION | [www.sscs.ca](http://www.sscs.ca)



#### **Squamish Main Office**

Sea to Sky Community Services  
Box 949, 38144 2nd Ave  
Squamish, BC V8B 0A7

Tel: 604.892.5796  
Toll Free: 1.877.892.2022  
Fax: 604.892.2267

**Open Mon—Fri 8:30-4:30**  
**E-mail: [admin@sscs.ca](mailto:admin@sscs.ca)**

#### **Pemberton Office**

Sea to Sky Community Services  
Box 656, 1357 Aster Street  
Pemberton, BC V0N 2L0

Tel: 604.894.6101  
Toll Free: 1.877.894.6106  
Fax: 604.894.6333

**Open Mon—Fri 11:30—4:00**  
**E-mail: [pemberton@sscs.ca](mailto:pemberton@sscs.ca)**

# WELCOME!

## Inside...



### ABOUT THIS GUIDE

Sea to Sky Community Services serves the whole Corridor, from Pemberton to Squamish. We publish this community program guide on a quarterly basis.

Delivery area for programs and services is indicated by Colour Coding

 **Pemberton**

 **Whistler**

 **Squamish**

Several of our programs are available on an outreach basis—please feel free to contact us directly with questions or to ask about programs that may be relevant to you or your family.

We are also happy to help refer you to programs or services with other organizations as needed.

### Where to Find it

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# CHILDREN

## childcare



### OUT OF SCHOOL PROGRAMS

#### **Brackendale Out-of-School Care & Garibaldi Highlands Out-of-School Care**

A fee based out of school program operating daily from 7- 9am, and 3-6 p.m. when school is in session.

- **Brackendale** This program is for children between 5 and 12 years of age attending Brackendale Elementary School. Activities include: cooking, drama, arts & crafts, science and exploration, homework time, relaxation and field trips. We offer a balance of structured and unstructured activities such as free play, outdoor play, art, music, circle, snack and field trips.

*For more information or to sign up call :*

**Andrea or Wendy** [andrea.duncan@sscs.ca](mailto:andrea.duncan@sscs.ca)  
**604.892.4099**

- **Kid Kapers** A fee based out of school program in Squamish. It operates daily 7:00-9:00 a.m., when school is in session. We offer full days, 8:30-6 p.m. on all Pro-D days, and during summer holidays.

This program is for children between 5 and 12 years of age and offers pick up from a variety of schools. Activities include: cooking, drama, arts & crafts, science and exploration, homework time, relaxation and field trips.

- **Kinder Kapers** A fee based Program in Squamish We offer the child minding program for \$5.00 an hour. Parents may purchase a punch card for 10 hours of service for \$45.00  
Fees are due at the time of service. Drop-in child-care is limited to 40 hours in a calendar month. Staff will be keeping track of attendance and will let you know when your child is reaching 40 hours.

*For more information or to sign up call :*

**Heather Mazzotti** [heather.mazzotti@sscs.ca](mailto:heather.mazzotti@sscs.ca)  
**604.892.3617**

#### ■ **Pemberton After School Club**

A licensed program for children aged 6-12. This program offers children a creative and stimulating environment. They will have the opportunity to socialize, explore their environment and have fun. The program operates Monday through Friday, 3-6 pm Closed on Statutory Holidays.

*For more information or to sign up call :*

**Susan Walker** [susan.walker@sscs.ca](mailto:susan.walker@sscs.ca)  
**604.894.1414**

### PRESCHOOLS IN SQUAMISH AREA

The Preschool programs are for children between 2 ½ and 5 years of age with a curriculum that follows the High/Scope approach.

This is an active learning approach to educating young children. Children are provided with a wide range of materials to expand their learning. The Early Childhood Educators plan experiences for children that encourage independent thinking, initiative and creativity.

We offer morning, afternoon and full day spots for both programs.

- **Dragonflies Preschool** A fee based program operating Monday – Thursday 8:30-5:00, 8:30—12:30 or 1:00—4:00 in Squamish.
- **Dandelions Preschool** A fee based program operating Monday – Friday 8:30-5:00, 8:30—12:30 or 1:00—4:00 in Squamish.

*For more information or to sign up call :*

**Chelsie Brubacher** [chelsie.brubacher@sscs.ca](mailto:chelsie.brubacher@sscs.ca)  
**604.892.8454 ext. 24**

# CHILDREN

## childcare



### PRESCHOOL IN PEMBERTON

- The Peak Learning Preschool** A fee based licensed Preschool operating Monday to Friday from 8:30am to 12:30 pm. The program is closed on all Statutory Holidays and all public school Professional Development days.

This program is for children aged 2.5 to 5 years and follows the High/Scope Curriculum.

The children in PLP will experience daily planning, work time and recall. Children will think about what they want to do, where they want to play and even who they want to play with. They follow through on their plan and discuss it with their group. They also learn during small group time, get active during large group time and know what to expect with a posted daily routine. The children's play is focused and purposeful.

*For more information or to sign up call :*  
**Susan Walker**      [susan.walker@sscs.ca](mailto:susan.walker@sscs.ca)  
**604.894.1414**

### PROGRAMS FOR CAREGIVERS AND PARENTS WITH YOUNG CHILDREN

- Sea to Sky Child Care Resource and Referral Program:** A free program providing childcare information and advocacy for Sea to Sky corridor families and childcare providers.

This program also provides subsidy support for families and care providers.

*For more information call*  
**Lisa McIntosh**      [lisa.mcintosh@sscs.ca](mailto:lisa.mcintosh@sscs.ca)  
**604.815.4144**

- Healthy Pregnancy Outreach Program:** A free program designed to assist women in maintaining good health and having healthy babies. The focus is on food supplements, nutritional counselling, support, education, referral to other services and counselling to pregnant women.

*For more information or to sign up call :*  
**Colleen or Gurdava** **604.892.8454 ext. 31**

- Nobody's Perfect:** A free parenting program for parents who are isolated and are parenting at least one preschooler. This six-week program has free childcare, snack and transportation, if required.

*For more information or to sign up call :*  
**Lisa McIntosh**      [lisa.mcintosh@sscs.ca](mailto:lisa.mcintosh@sscs.ca)  
**604.815.4144**

- Strong Start/Parent-Tot Drop In Program:** A donation based playgroup offering activities for parents and their children between 0 and 6 years of age. The program provides social interaction, emotional support, parent education and role modelling.

*For more information or to sign up call :*  
**Suzie Soman**      [suzie.soman@sscs.ca](mailto:suzie.soman@sscs.ca)  
**604.892.5796 ext. 239**

- Mother Goose:** A free program offering a group experience for parents and their children between 0 and 18 months of age. This group focuses on the pleasure and power of using rhymes, songs and stories together. Parents gain skills and confidence enabling new and positive family interactions in the crucial early years.

*For more information or to sign up call :*  
**Lisa McIntosh**      [lisa.mcintosh@sscs.ca](mailto:lisa.mcintosh@sscs.ca)  
**604.815.4144**

## NEW! Drop In Child Minding in Squamish

**For when you need a few hours for an appointment or just a break!**

**Call Heather Mazzotti**  
**604.892.3617**

# NEWS & EVENTS

coming up



## Ho Ho Ho! Pemberton Holiday Open House



**December 7, 12-6 pm**

1357 Aster Street

Photos with Santa! 12-2 pm,  
treats and hot chocolate, crafts, festive music

We welcome donations to our Food Bank

**EVERYONE WELCOME!**

## Squamish Youth Centre Open House



**December 12, 4-8 pm**

1135 Carson Place (behind Howe Sound Sec.)

Free Turkey dinner for Youth @6 pm

Everyone welcome to drop by and see what  
your Youth Centre has to offer!

**EVERYONE WELCOME!**

## FRESH Families Holiday Potluck



**December 6, 6-8 pm**

Join FRESH Families for a holiday dinner. Turkey  
will be provided. **Bring your favorite festive dish  
to share.** We would love to share in your family's  
cultural traditions !

Family Holiday Craft activities and some fun  
surprises will be provided. **FAMILIES WELCOME!**

# NEWS & EVENTS

coming up



## SSCS Youth Team is Heading to Ottawa!

The **SSCS Youth Resource Centre** has been invited to participate in the annual YCC conference March 22-25, 2012 . Also this year, Youth Centre Coordinator Renee Theoret was invited to teach an hour and a half workshop on how to transform a youth centre into a resource centre. Way to go team!



On behalf of our  
Board of Directors  
we wish everyone a  
**Happy and  
Healthy 2012!**

# YOUTH programs



## ■ Squamish Youth Resource Centre

The Squamish Youth Resource Centre has offered free programs and activities to youth in our community for over 11 years. Our daily programming includes a free healthy snack, as well as Youth Worker led programs like Art Night, Volleyball, Dragon Boating, Gardening, Snowboarding and much more!

The SYRC is open seven days a week from 3:00pm-9:00pm for **all** youth 13-18 to hang out, access resources, use computers or play a game of pool.

The SYRC also takes a number of fun out trips throughout the year, to locations like Fright Nights, Cultus Lake Waterpark, Ziptreking, Paintball, and Laser Tag to name a few.

Although youth 19-24 can't hang out at the Centre or attend out trips, they can still access our resources, which include showers, laundry facilities, a youth food bank and free clothing store, condoms, pregnancy tests, resume help and more.

Feel free to contact us for more information by calling 604-892-2207 or adding us on Facebook, "Joe Youthworker" or come by and chat, we'd love to meet you!

*For more information call*

**Renee Theoret**      [renee.theoret@sscs.ca](mailto:renee.theoret@sscs.ca)  
**604.892.2207**



# COMMUNITY LIVING

## programs



### COMMUNITY LIVING

#### **Physical and Occupational Therapy Children's Program**

Physical and Occupational Therapy services are provided to help children between 0 and 18 years of ages to achieve their highest possible level of independent functioning within the home, school and community.

*For more information call*

**Tara-leigh Cain or Cathy Ivany**  
[tara-leigh.cain@sscs.ca](mailto:tara-leigh.cain@sscs.ca)  
[cathy.ivany@sscs.ca](mailto:cathy.ivany@sscs.ca)  
604-892-8454 ext. 34

#### **Infant Development Program**

The program delivers early intervention support to families with a child between 0 and 3 years of age who has a risk of or who has a known developmental delay or diagnosed disability.

*For more information call*

**Gabi Moeller** [gabi.moeller@sscs.ca](mailto:gabi.moeller@sscs.ca)  
604-892-8454 ext. 23

#### **Special Needs Children's Services**

The program provides one to one or group opportunities to assist children between 13 and 18 years of age to develop social and recreational skills.

*For more information call*

**Nancy Thompson** [nancy.thompson@sscs.ca](mailto:nancy.thompson@sscs.ca)  
604.892.5796 ext. 227

#### **Supported Child Development Program**

The program is a Community-based, family centred service to assist children with additional needs between 0 and 17 years of age. The program provides the support needed for children to successfully participate in community childcare settings.

*For more information call*

**Shannon Brown** [shannon.brown@sscs.ca](mailto:shannon.brown@sscs.ca)  
604.892.8454 ex. 27

#### **Behavioural Support Program**

The program will provide funds to families or children to access generic or community based services to address behavioural issues as referred by Community Living BC.

*For more information call*

**Donna Bent** [donna.bent@sscs.ca](mailto:donna.bent@sscs.ca)  
604.892.5796 ext. 227

#### **FASD Keyworker Program**

The program provides support to families who have a child who may have been exposed prenatally to alcohol or who has Complex Developmental Behavioural Condition. Includes a parent to parent support component

*For more information call*

**Shaelene Raffaele** [shaelene.raffaele@sscs.ca](mailto:shaelene.raffaele@sscs.ca)  
604-892-5796 ext. 234

**Sea to Sky Community Services believes in human rights for every individual.**

**We support access to affordable housing, meaningful employment and participation in community to ensure everyone can reach their best potential and enjoy a good quality of life.**

# COMMUNITY LIVING

## programs



### OUTREACH SERVICES FOR PERSONS WITH DEVELOPMENTAL DISABILITIES

#### ■ Newport House

is a residential home located in Squamish for adults living with a developmental disability. Our goal is to encourage opportunities, which increase independence and participate in their home and community. Newport House serves residents from across the Corridor. Referrals are required.

**Ronaye Daly**      [ronaye.daly@sscs.ca](mailto:ronaye.daly@sscs.ca)  
**604.892.6336**

#### ■ Life Skills & Community Access

This program assists persons living with a developmental disability in the acquisition of life skills. Services are provided in group or on a one to one basis.

**Donna Bent**      [donna.bent@sscs.ca](mailto:donna.bent@sscs.ca)  
**604.892.5796 ext. 227**

#### ■ Community and Employment Services

This program provides pre-employment skill development and employment support to adults living with a developmental disability. Services include consultation to employers.

**Donna Bent**      [donna.bent@sscs.ca](mailto:donna.bent@sscs.ca)  
**604.892.5796 ext. 227**

#### ■ Home Share Program

This program assists adults with developmental disabilities to secure appropriate housing to meet their needs. Support is also available to obtain assistance in their home and for those providing the support.

**Donna Bent**      [donna.bent@sscs.ca](mailto:donna.bent@sscs.ca)  
**604.892.5796 ext. 227**



# ADULTS & FAMILIES

## programs



### COUNSELLING SERVICES

#### **Counselling and Outreach Services for Women** (Stopping the Violence)

A free program in Squamish, Whistler and Pemberton area, that provides confidential one-on-one or group counselling for women who:

- May be in a controlling or abusive relationship
- Have been assaulted/hit by their partner
- Have experienced childhood abuse
- Offers support and information, advocacy and education and resources and referrals.

The program also assists women in the Pemberton and Whistler area:

- Access referrals to safe housing, transitions houses, etc.
- Offer advocacy, accompaniment and local transportation to medical, legal, and social services.
- Provide education, information, and resources.

*For more information call*

**Lise Hamilton**      [lise.hamilton@sscs.ca](mailto:lise.hamilton@sscs.ca)  
**604.892.5796 ext. 273**

#### **Child & Youth Counselling** (Sexual Abuse Intervention Program)

Provides one-to-one counselling and/or group therapy to children and youth who have been or are suspected of having been sexually abused or assaulted. Counselling is also provided to non-offending parents, guardians, and family members in Squamish, Whistler and Pemberton.

- Children and youth from age 4-18 who have experienced sexual abuse or any child from age 4-12 exhibiting sexual behavioural problems.
- Also eligible are children or youth exhibiting symptoms of sexual abuse, but have not disclosed.

*For more information call*

**Victoria Challies**      [victoria.challies@sscs.ca](mailto:victoria.challies@sscs.ca)  
**604-892-8454 ext. 33**

### HOUSING

#### **Homeless Outreach Program**

This program assists and supports homeless individuals to access income assistance, housing and the appropriate resources and support services.


*For more information call*

**Marion VonDehn**      [marion.vondehn@sscs.ca](mailto:marion.vondehn@sscs.ca)  
**604.892.5796 ext. 290**

### AFFORDABLE HOUSING

#### **Castle Rock Family Housing**

Provides 40 units of subsidized housing for families with children 0-18 yrs of age.

-  **Riverstones** Is an 84 unit rental housing development for seniors (55 years and older), persons with disabilities, couples and small families in Squamish.

*For more information call*

**Dennis Smith**      [dennis.smith@sscs.ca](mailto:dennis.smith@sscs.ca)  
**604.892.5177**

**Give back to your  
community!**

- Make a tax deductible donation to support SCS charitable programs**
- Become a Volunteer**
- Sign up as a SCS Member**

# ADULTS

## programs



### EMPLOYMENT SERVICES IN SQUAMISH

#### Jobwave & Jobsight

BCEP (British Columbia Employment Program)

Three free programs:

1. **Jobwave**
2. **Jobsight** – Mental Health and Addictions
3. **ESL employment support**

These programs provide clients who have been referred by MHSD (Ministry of Housing and Social Development) with assistance and support to reach their employment goals.

*For more information about Jobwave & Jobsight*

**Kathy Daniels**      [kathy.daniels@sscs.ca](mailto:kathy.daniels@sscs.ca)  
call 604.892.5796 ext. 224

#### **ACHIEVE** – Employment program for people with disabilities.

The EPPD (Employment Program for People with Disabilities) is a province-wide program with individualized services provided through service provider contracts.

In addition to client outcomes of full time or part time employment, successful results of EPPD participation also include:

- Employment Placements
- Self Employment Services
- Better understanding of the disability as it relates to employment
- Increased access to needed disability supports
- Increased connection to the community

*For more information about the Achieve program*  
Call

**Sarah Greenwood**      [sarah.greenwood@sscs.ca](mailto:sarah.greenwood@sscs.ca)  
604.892.5796 ext. 285

### ADDICTION RECOVERY

#### Sea to Sky Support Recovery House

A six-bed support recovery home for men and women over 19 years of age who identify themselves in recovery from addiction. The home is based in Squamish but is open to clients throughout the Corridor.

- Facilitates the recovery and social integration of adults who struggle with addictions.
- Provides a competent, client-centred service in a safe & supportive environment.

*For more information call*

**James Zenyk**      [james.zenyk@sscs.ca](mailto:james.zenyk@sscs.ca)  
604.898.2253



## FAMILY DEVELOPMENT PROGRAMS

### Family Preservation & Reunification Program

This program is a therapeutic, home-based, multiple-component intervention program. Our goal is to prevent out of home placement for children and reduce risks for maltreatment by changing behaviours and increasing skills.

This program is accessed through a referral by the Ministry of Children and Family Development *only*.

The length of service for this program is six months with extensions as required.

*For more information call the Ministry of Children & Family Development at 604.892.1400*

### Family Support Program

The Family Support Program is a community based service, assisting and supporting parents in their role as caregivers.

Our Goal is to strengthen family life, leading to healthy child and family development.

This program is accessed through self-referral and community as well as Ministry of Children and Family Development referrals. The length of service for this program is three months with extensions, as required.

*For more information call the Ministry of Children & Family Development at 604.892.1400 or Sea to Sky community Services at*

**Jan Oberson**      [jan.oberson@sscs.ca](mailto:jan.oberson@sscs.ca)  
**604.892.5796 ext. 238**

### Youth Transitioning into Adulthood Program

This program is for youth (16-19 yrs) who are not able to remain in the family home. Our Goal is to assist youth in developing skills to enhance their ability to live independently and be involved in the community. This Program is accessed through a referral by the Ministry of Children and Family Development *only*.

The length of service for this program is six months with extensions as required.

*For more information call the Ministry of Children & Family Development at 604.892.1400*

### Strengthening Families Program

This program is for Families that would like to improve their communication within the Family, learn more positive parenting practices and strengthen the parent-child attachment.

A unique and powerful feature of this program is that the parents and children attend together.

*For more information call Sea to Sky Community Services*

**Jan Oberson**      [jan.oberson@sscs.ca](mailto:jan.oberson@sscs.ca)  
**604.892.5796 ext. 238**

### FRESH Families

This free Drop In program welcomes families of all ages, shapes and sizes. We offering an on-going schedule of information sessions, workshops, discussion groups and support—keeping it FRESH by focusing on Fun, Recreations, Education Socialization and Health.

When: Tuesday evenings from 6:00—8:00pm

Where: Sea to Sky Early Learning Center, 38073—2nd Ave, Squamish BC

Please check our website at [sscs.ca](http://sscs.ca) under “News” to get the up-to-date schedule of activities—we update the program monthly. Space is Limited **Call (604-892-5796) or email [julia.bresalier@sscs.ca](mailto:julia.bresalier@sscs.ca)** to reserve a seat and child minding space.

Child minding is available, refreshments are served.

Find us on Facebook under “Sea to Sky Family Drop In”

# FAMILY programs



## ■ Positive Action

The Positive Action Program offers practical learning opportunities for children, youth and families to reach their best potential. The program has three main components: School, Counselling and Family.

### School

Grade specific kits are taught by teaching staff to support school age children in implementing positive activities in their daily lives to improve physical, mental, social and emotional well being while increasing academic success.

### Family

Family programming is also offered in communities and encourages the local families to collaborate and then practice the lessons offered in the Parenting Classes in their home environment. The intention is to create a supportive network which includes schools, counselling services and families.

### Counselling

In School Positive Action Outreach Counsellor provides one on one counselling, group therapy, school based prevention and harm reduction workshops.

Positive Action concepts improve relationships, communication, and dynamics of family life while connecting community service providers with families for ongoing support as needed. Offered in the communities of Pemberton, Mount Currie, D'arcy and the Lower Lake Communities until May 2016

For more information call

**Jeanne Cross**      [jeanne.cross@sscs.ca](mailto:jeanne.cross@sscs.ca)  
**604-894-6101**

## ■ Pemberton Food Bank

Sea to Sky Community Services offers a Food Bank to serve Pemberton and surrounding communities.

The Food Bank operates every other Monday from 12:30 – 2:30 at 1366 Aster Street. Donations are welcome!

*Over 1300 people in Pemberton have been helped by the Food Bank between January and July 2011 – 503 of those helped were children...*

Please give us a call to arrange a drop off or pick up at the SSCS Pemberton Main Office at 604.894.6101 for more information.

**Louise Stacey-Deegan**

[louise.stacey-deegan@sscs.ca](mailto:louise.stacey-deegan@sscs.ca)  
**604.698.5521**

## Our Pemberton Food Bank

relies on  
donations from the surrounding  
community in order to help  
local families.

For pick up or drop off of food  
donations, call Louise.

**604.698.5521**

**ADD YOUR NOTES**  
here



# NEED MORE INFORMATION|?

In Squamish

604.892.5796 or 1.877.892.2022

Fax: 604.892.2267

Visit us at 38144 Second Avenue, Squamish, BC

In Pemberton:

604. 894.6101 or 877.894.6106

Fax: 604.894.6333

Visit us at 1357 Aster Street, Pemberton, BC

Email us at [admin@sscs.ca](mailto:admin@sscs.ca)

**[WWW.SSCS.CA](http://www.sscs.ca)**

As a registered charity and not-for-profit society, Sea to Sky Community Services depends on financial support from the community.

We welcome your involvement!

Please consider making a donation or becoming a member.

Please mail back the form below to:  
Sea to Sky Community Services Society  
Box 949 Squamish BC V8B 0A7



**Yes, I would like to contribute to valuable social programs and services in the Sea to Sky Corridor...**

**Your contribution is greatly appreciated!**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Credit card # \_\_\_\_\_ exp. \_\_\_\_\_

Signature \_\_\_\_\_

( ) \$500 ( ) \$250 ( ) \$50 ( ) \$20 ( ) other \_\_\_\_\_

( ) Sign me up as a member! **My \$5 membership fee is included in this gift.**

Please enclose a cheque, money order or credit card information.

*All donations will receive a charitable tax receipt. Thank you!*

Charitable Business # 1191 6110 7 RR0001

**[WWW.SSCS.CA](http://www.sscs.ca)**